Content available at: https://www.ipinnovative.com/open-access-journals

# Journal of Education Technology in Health Sciences

Journal homepage: https://www.jeths.org/



## **Editorial**

# Preserving Eklavya's approach of mastering skills: Self-directed learning

Tapasya Karemore 11\*

<sup>1</sup>Dept. of Oral Medicine and Radiology, Ranjeet Deshmukh Dental College, Nagpur, Maharashtra, India



#### ARTICLE INFO

Article history:
Received 28-12-2023
Accepted 03-01-2024
Available online 07-02-2024

This is an Open Access (OA) journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.

For reprints contact: reprint@ipinnovative.com

Scientifically, Self- directed learning (SDL) is a process which allows learners to take control of the process of learning. This process of learning involves the identification of the goals, selection of strategies for effective learning and then followed by evaluation of learning performance and outcome. SDL helps to develop independent learning skills, increased responsibility, assertiveness and accountability among students which are key attributes to a Medical Professionals' career.

Learning is a lifelong process, especially in the field of health education. The adaptability to various methods of learning is possible if students are trained for identification of goals and preparation for better outcomes. The process of SDL help for this capacity building and therefore needs to be incorporated during budding years of undergarduation and postgraduation. Although, mastering this approach of learning is practiced at many institutes across the country, few institutes at remote places or having lack of resources could not witness the benefits of it. Hence, it's a need of an hour to sensitise faculty and students for SDL before its implementation in curriculum.

Propagation, reinforcement and application of SDL would be the best approach to cherish the learning attitude of 'Eklavya' - the hero of our mythological stories.

### Happy Learning!!

E-mail address: drtapasyavk@gmail.com (T. Karemore).

## **Author biography**

**Tapasya Karemore,** Associate Professor Fellow FAIMER https://orcid.org/0000-0002-5948-245X

Cite this article: Karemore T. Preserving Eklavya's approach of mastering skills: Self-directed learning. *J Educ Technol Health Sci* 2023;10(3):56-56.

<sup>\*</sup> Corresponding author.